



MOVING in the
DIRECTION of
hope



Dear friends,

2022 was a momentous chapter in the journey of FamilyForward - one defined by growth, innovation, and unwavering dedication to our mission. We are grateful for you and your continued support that fueled our progress, and I am proud of the impact we have achieved together. From renovating our campus and integrating occupational therapy into all aspects of programming, to raising over \$620,000 at our annual gala, we certainly have a lot to celebrate.

In September 2022, we witnessed years of dreaming, strategizing, and planning come together as we opened the doors and welcomed children and families into our new Developmental

Trauma Center. We also finished renovating the Lesley Ann Waldheim Early Childhood Center, which started serving the community in early 2023. We are proud of the new spaces and what they mean for the community. But most of all, we are proud of the dedication, expertise, and compassion that our team brings within its walls and in the community.

The road to get here required hard work and commitment by so many. And the reality is that no matter how big we get, we will never be able to directly serve every child impacted by trauma. The need is simply too great. So we are committed to training educators, parents, caregivers, and

other professionals—equipping them with the tools and expertise needed to magnify our impact and serve more children across the region.

Thank you for your unwavering support and dedication. Together we will continue to give each child we serve the support, care, and future they deserve.

Gratefully,

Karen

Karen E. Nolte, LCSW
Chief Executive Officer



Defining the need

During fiscal year 2022, 18,225 children in the St. Louis area were reported to the Missouri Child Abuse and Neglect Hotline.



Making an impact

4,395 children, their families, and community members were served by FamilyForward in 2022.





The need: **WHERE WE WERE**

We recognized that the need for specialized treatment for children who have experienced developmental trauma is great and growing.



The reality: **WHERE WE ARE**

To meet the growing need, we purchased and renovated property to serve as a centralized hub for understanding, treating, and preventing the effects of child abuse and neglect.



The road ahead: **WHERE WE ARE GOING**

We are committed to supporting more children and families by providing comprehensive, high-quality training for parents, professionals, educators, and others who work with children impacted by abuse, neglect, and trauma.

Vision

FamilyForward leads the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Mission

FamilyForward moves vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

Achievements



We are proud to share that in December 2022, Sharon Skidmore Stern, Chief Program Officer at FamilyForward, completed The Neurosequential™ Network Training Certification through the Phase III/Mentor level. This level of certification allows Sharon



to provide mentor-led training to other professionals in the Neurosequential™ model so that more children and families will have direct access to the support they need and deserve. Scan the QR code to learn more.

Executive Team

Karen E. Nolte, LCSW, Chief Executive Officer
Sharon Skidmore Stern, MSW, LCSW, Chief Program Officer
Paula Pettibone, MEd, MSW, Chief Administrative Officer
Patrick Fox, Chief Financial Officer
Jessica L. Dederer, MHA, Chief Development Officer

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Turning the dream into a reality

To respond to the growing demand for services, we started 2022 with a big goal: to create a centralized regional hub for understanding and treating childhood trauma. We spent months renovating a space that is inviting and safe for our staff, clients, and the community.

“As soon as I stepped into the new building, I knew we had finally found a place where my child would feel safe and comfortable.”

Our developmental trauma campus embodies our commitment to transformative care for children who have endured severe abuse or neglect. Situated on 9.5 acres within St. Louis County, the campus is a beacon of hope, featuring two thoughtfully designed buildings totaling 41,778 sq ft.

The Developmental Trauma Center and Lesley Ann Waldheim Early Childhood Center were carefully designed with our clients' needs in mind. The buildings feature specially designated spaces tailored for therapeutic activities; thoughtfully designed indoor and outdoor play areas; an advanced air-filtration system coupled with full-spectrum lighting; expanded therapeutic preschool classrooms allowing us to double the number of children we serve; and purposely built adult classrooms equipped with cutting-edge technology, ensuring access to essential parent and caregiver education and professional training.

Tour the space



Scan the QR code to view a tour of the Developmental Trauma Center and the Early Childhood Center.



Supporting children and families

 At FamilyForward, we are committed to making a transformative difference in the lives of children who have experienced abuse or neglect. Our dedicated team works each day to build safer, healthier relationships for children and families by offering:

929 - Assessment Services

Trauma assessment and psychological evaluations with individualized recommendations to support children at home, in school, and with therapeutic interventions

929 - Therapy Services

Individual, family, and group counseling using evidence-based practices

298 - Education and Training

Comprehensive, high-quality training and education opportunities for professionals, educators, and caregivers

1,322 - Foster Care

As a Children's Permanency Partnership member, FamilyForward provides foster care and adoption case management, recruitment, training, and licensing services for foster and adoptive families

68 - Therapeutic Preschool

Highly structured environment utilizing developmentally sensitive interventions for children experiencing emotional and behavioral difficulties

476 - Home Visiting Services

Mentoring, parent coaching and education, and therapy services for young and pregnant parents and families

28 - Occupational Therapy

Integrated occupational therapy to address sensory and motor skill deficits - scan the QR code to learn more about the possibilities of this new program



Numbers represent direct clients and families served through programs in 2022.

Program Updates

In an effort to align service delivery across the agency, Community Services, now called Home Visiting Services, was moved under the Developmental Trauma Center and embedded in the Family Engagement team in the fall of 2022.

After much thought and consideration, FamilyForward ceased operations of our Redevelopment Opportunities for Women services in September 2022. The discontinuation of those services allows us to focus on our commitment to preventing and treating child abuse and severe neglect. We are proud to have supported 339 women and children impacted by domestic violence in 2022.



A safe place to land

By the age of three, Ella's life had been marked by significant trauma. Her mother's absence and the presence of drugs in her household created a childhood characterized by instability and neglect. By the time Ella was five, she had entered foster care, seeking stability and healing.

Ella's foster parents noticed her struggles—mistrust of adults, difficulty making friends, and behavioral issues at home and school. She would panic any time she left the house and had trouble eating and participating in any meaningful activities. Her foster parents recognized her need for support and turned to FamilyForward's Developmental Trauma Center.

Our team welcomed Ella, and began comprehensive assessments that unveiled the impact of her early trauma on current functioning. With insight into her struggles, we tailored a treatment plan guided by

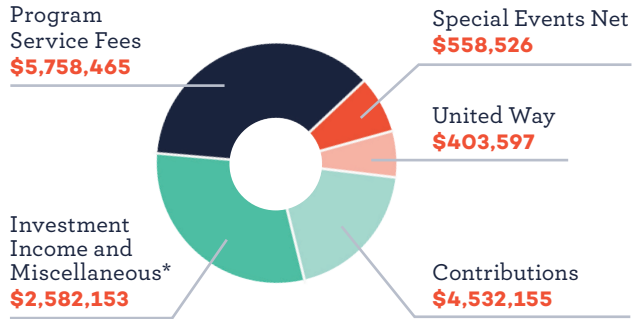
therapeutic interventions within our Developmental Trauma Center and at home with her foster family. Ella's transformation was remarkable—she is now excelling in school and discovered a new passion for dancing!

Ella and her family are among those we served in 2022 at our Developmental Trauma Center. Our new campus is allowing us to continue our journey and expand our reach, serving more children like Ella and providing them with the specialized care, support, and tools they need to overcome their traumas and build brighter futures.



The numbers

Revenue



*This includes Earnings Retention Credits of \$2,745,365 earned in prior periods; expenses associated with this revenue were \$411,805.

Total Public Support and Revenue
\$13,834,896

Expense



Program Services
\$8,740,439



Administrative Services
\$2,316,985



Development Services
\$1,133,202

Total Expenses
\$12,190,626

Net Assets

Change in Net Assets
\$1,644,270

Net Assets, Beginning Balance
\$38,850,533

Net Assets, Ending Balance
\$40,494,803

Recent events



Day of Giving

In 2022 FamilyForward launched its first-ever 24-hour online giving day. With the help of our dedicated matching funders and 217 individual donors, we raised over \$75,000 to advance safer and healthier relationships for children and families.



The Rocket Ball

Our 2022 Rocket Ball took us on a voyage of hope as we celebrated another year of providing services to children and families in the St. Louis region. Over 500 guests attended, and together, we raised more than \$620,000 – enabling our staff to help children overcome the effects of trauma and work toward a brighter future.



Drive the Change Golf Tournament

Beautiful weather, outstanding golf, and great company have defined our annual golf tournament, Drive the Change. Support from 2022 event sponsors and over 100 golfers totaled more than \$82,000. Thank you to everyone who came out to support children and families.

Join us in 2024!

Scan the QR code for more information, to purchase tickets or to become a Rocket Ball sponsor.



Thank you!

Our Guardian Society members helped FamilyForward serve 4,395 children, their families, and community members in 2022.

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 contributions of \$1,000
 or more made between
 January 1, 2021, and
 December 31, 2022

The Greg Echele Guardian
 Society recognizes individuals
 who contribute \$1,000 or more
 to FamilyForward throughout
 the year. The name honors
 Greg Echele, Family Resource
 Center co-founder and
 28-year Chief Executive
 Officer, who retired in 2016.
 We are proud to recognize
 Greg, who devoted his
 career to the prevention and
 treatment of child abuse,
 neglect, and family violence.

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- Donate



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