DEAR FRIENDS,

Exciting things are happening at FamilyForward! We are changing lives in profound ways. This past year, with professional guidance from Dr. Bruce Perry and the ChildTrauma Academy, we officially launched the FamilyForward Developmental Trauma Center. Through this achievement, FamilyForward is able to provide the St. Louis region and beyond with access to resources and highly trained staff who will use the Neurosequential Model of Therapeutics (NMT) assessment process to offer individualized interventions for children who have experienced abuse, neglect, or other trauma.

We are seeing tangible results almost daily. When seven-year-old Ryan came to FamilyForward, he had already been given multiple diagnoses and took a variety of medications. Even so, he was still having trouble regulating his behavior and was struggling in school. Our assessment showed that Ryan was dealing with the effects of significant childhood trauma. We were able to help his caregivers understand the underlying cause of his behavior and suggest specific interventions to meet his needs.

Sincerely,

Karen Nolte
Chief Executive Officer, FamilyForward

Karen

We are leaders in the use of innovative tools and methods to get better results for the children and families we serve. We prefer to set the pace, testing new ideas and collecting data; always striving to make the biggest impact we can.

We are tirelessly committed to the vision and mission of FamilyForward. We use our unique talents and expertise to serve our clients and community with compassion, acceptance, and respect.

We are responsible stewards of an organization with a long and proud history of service. Reliable, trustworthy and hard-working, we do whatever it takes to get the job done, even when no one is watching.

Core Values

Whole Hearted

Out Front

Rock Solid
DEFINING THE NEED, Making an Impact

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

2017 FamilyForward Governance Board

FamilyForward Executive Team
Karen E. Hulle, LCWW, Chief Executive Officer
Robert Anderson, Chief Financial Officer
Rachel Heckendorf, LCWW, Chief Program Officer
Craig T. Roble, MWC, Chief Quality and Compliance Officer
Jessica L. Dedek, MHA, Chief Development Officer

2017 FamilyForward Governance Board

Douglas R. Beach
Gwendolyn Bailey
Megan Britel
Geeta Brown
Ken Calla
Brian Chambers
Michael Dratnig
Rashel D’Souza-Sieber

2017 FamilyForward Advocacy Board

Lorenz Adelman
Norman Baur
Anna Mayor Beck
Catie Bekirk
Bob Bichler
Janet Brandt
Santana L. Booker
Valerie Bright
Stephen J. Burrows
Kent A. Chambers
William Dunsworth, MD
Sally Eddington
Sandra Davis
Sherry B. DeLoo
Jim Erlinger
Thomas L. Ferris
Andrea Frazier
Ryan Freeman
Sarah Fuhmann
Thomas Gall
Michael Gullion
Albert Haller

Footsteps on the porch, a face at the window… We didn’t have to dig deep to understand Brittany’s anxiety, jumpiness, and irritability, as her abusive ex-husband stalked her. Despite her own fears, Brittany came to FamilyForward seeking help for her children, not herself. She knew her son’s stomach aches were a clear sign of distress, and her four-year-old daughter was clinging to her. “Kids are really scared when they see violence in their home,” FamilyForward’s therapist says. “And this trauma was ongoing: their father’s menacing figure lurked around their home, the library, and even their church.” When Brittany was ready to address her own needs, FamilyForward’s Redevelopment Opportunities for Women (ROW) programs embraced her. “Brittany and her children needed a safe place to call home,” her ROW advocate says. “We have worked with her at getting an order of protection against her abuser, and we are helping her to save money so she can move.”

Our vision is to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

FamilyForward’s average annual cost to build safer, healthier relationships for one child or family

Cost to society for one abused child2

Children reported abused or neglected in the St. Louis area last year1

$210,012 > $3,471

Children and family members helped by FamilyForward last year

21,276 > 6,801

Children and family members helped by FamilyForward last year

Footsteps on the porch, a face at the window… We didn’t have to dig deep to understand Brittany’s anxiety, jumpiness, and irritability, as her abusive ex-husband stalked her. Despite her own fears, Brittany came to FamilyForward seeking help for her children, not herself. She knew her son’s stomach aches were a clear sign of distress, and her four-year-old daughter was clinging to her. “Kids are really scared when they see violence in their home,” FamilyForward’s therapist says. “And this trauma was ongoing: their father’s menacing figure lurked around their home, the library, and even their church.” When Brittany was ready to address her own needs, FamilyForward’s Redevelopment Opportunities for Women (ROW) programs embraced her. “Brittany and her children needed a safe place to call home,” her ROW advocate says. “We have worked with her at getting an order of protection against her abuser, and we are helping her to save money so she can move.”

Our vision is to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

FamilyForward’s average annual cost to build safer, healthier relationships for one child or family

Cost to society for one abused child

Children reported abused or neglected in the St. Louis area last year

$210,012 > $3,471

Children and family members helped by FamilyForward last year

21,276 > 6,801

Children and family members helped by FamilyForward last year

Footsteps on the porch, a face at the window… We didn’t have to dig deep to understand Brittany’s anxiety, jumpiness, and irritability, as her abusive ex-husband stalked her. Despite her own fears, Brittany came to FamilyForward seeking help for her children, not herself. She knew her son’s stomach aches were a clear sign of distress, and her four-year-old daughter was clinging to her. “Kids are really scared when they see violence in their home,” FamilyForward’s therapist says. “And this trauma was ongoing: their father’s menacing figure lurked around their home, the library, and even their church.” When Brittany was ready to address her own needs, FamilyForward’s Redevelopment Opportunities for Women (ROW) programs embraced her. “Brittany and her children needed a safe place to call home,” her ROW advocate says. “We have worked with her at getting an order of protection against her abuser, and we are helping her to save money so she can move.”

Our vision is to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

FamilyForward’s average annual cost to build safer, healthier relationships for one child or family

Cost to society for one abused child

Children reported abused or neglected in the St. Louis area last year

$210,012 > $3,471

Children and family members helped by FamilyForward last year

21,276 > 6,801

Children and family members helped by FamilyForward last year

Footsteps on the porch, a face at the window… We didn’t have to dig deep to understand Brittany’s anxiety, jumpiness, and irritability, as her abusive ex-husband stalked her. Despite her own fears, Brittany came to FamilyForward seeking help for her children, not herself. She knew her son’s stomach aches were a clear sign of distress, and her four-year-old daughter was clinging to her. “Kids are really scared when they see violence in their home,” FamilyForward’s therapist says. “And this trauma was ongoing: their father’s menacing figure lurked around their home, the library, and even their church.” When Brittany was ready to address her own needs, FamilyForward’s Redevelopment Opportunities for Women (ROW) programs embraced her. “Brittany and her children needed a safe place to call home,” her ROW advocate says. “We have worked with her at getting an order of protection against her abuser, and we are helping her to save money so she can move.”

Our vision is to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

FamilyForward’s average annual cost to build safer, healthier relationships for one child or family

Cost to society for one abused child

Children reported abused or neglected in the St. Louis area last year

$210,012 > $3,471

Children and family members helped by FamilyForward last year

21,276 > 6,801

Children and family members helped by FamilyForward last year

Footsteps on the porch, a face at the window… We didn’t have to dig deep to understand Brittany’s anxiety, jumpiness, and irritability, as her abusive ex-husband stalked her. Despite her own fears, Brittany came to FamilyForward seeking help for her children, not herself. She knew her son’s stomach aches were a clear sign of distress, and her four-year-old daughter was clinging to her. “Kids are really scared when they see violence in their home,” FamilyForward’s therapist says. “And this trauma was ongoing: their father’s menacing figure lurked around their home, the library, and even their church.” When Brittany was ready to address her own needs, FamilyForward’s Redevelopment Opportunities for Women (ROW) programs embraced her. “Brittany and her children needed a safe place to call home,” her ROW advocate says. “We have worked with her at getting an order of protection against her abuser, and we are helping her to save money so she can move.”

Our vision is to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

Our mission is to move vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.
She’s Amazing

When Kiki first came into foster care as an infant, she was severely malnourished and had three broken ribs. Chris, her foster/adoptive mother, thought unconditional love would be enough to overcome the effects of abuse and neglect, but by the time Kiki reached middle school she was struggling socially and academically. Her teachers began to discourage any thought of high school.

Chris was undaunted however. She knew that Kiki was capable, smart, and talented, so she turned to FamilyForward for the tools and expertise to help her daughter succeed.

FamilyForward utilizes an innovative assessment tool, the Neurosequential Model of Therapeutics (NMT), to provide a comprehensive approach to understanding a child’s trauma history and their current functioning. This allows clinicians and caregivers, such as Kiki’s mother and her teachers, to implement individualized therapeutic activities that meet the child’s specific needs.

Kiki just completed her sophomore year of high school and qualified for the honor roll for the first time. Chris says her daughter is not only capable and smart: she’s amazing.

The Developmental Trauma Center

The majority of children served by FamilyForward have experienced some type of abuse or neglect, resulting in developmental trauma. Recognizing that there is no one-size-fits-all treatment plan for these children, we have opened the region’s first and only Developmental Trauma Center, which incorporates the Neurosequential Model of Therapeutics (NMT) to provide a comprehensive approach to understanding the impact of significant childhood trauma. Developed by Dr. Bruce D. Perry, MD, PhD, founder of the ChildTrauma Academy and an internationally recognized authority on childhood trauma, NMT offers individualized treatment plans to support children at home, in school, and with therapeutic interventions. FamilyForward was the first agency in the St. Louis region to become site certified in the use of NMT in 2015.

“Each child’s trauma history is unique, as is the impact of that trauma on their brain development.” FamilyForward Chief Program Officer, Rachel Neukirch, notes. “We have established the FamilyForward Developmental Trauma Center to provide clients, clinicians, and the community with greater access to our knowledge and expertise regarding developmental trauma.”

The Developmental Trauma Center is supported by the Missouri Foundation for Health and our generous donors.

Read more
familyforwardmo.org/how-we-help/developmental-trauma-center

SERVING CHILDREN AND FAMILIES

Direct clients served through FamilyForward programs in 2017.

For more details about our services, visit familyforwardmo.org/how-we-help

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychological Evaluation</td>
<td>1283</td>
</tr>
<tr>
<td>Therapy</td>
<td>1,283</td>
</tr>
<tr>
<td>Coaching and Education</td>
<td>982</td>
</tr>
<tr>
<td>Foster Care and Adoption</td>
<td>864</td>
</tr>
<tr>
<td>Psychological Evaluation</td>
<td>982</td>
</tr>
<tr>
<td>Therapy</td>
<td>864</td>
</tr>
<tr>
<td>Coaching and Education</td>
<td>864</td>
</tr>
<tr>
<td>Foster Care and Adoption</td>
<td>864</td>
</tr>
</tbody>
</table>

For Care with Developmental Disabilities

FamilyForward Children’s Homes in Brentwood and St. Charles provide long-term and respite care for children with developmental disabilities in a stable and supportive environment.

Care for Children with Developmental Disabilities

FamilyForward Children’s Homes in Brentwood and St. Charles provide long-term and respite care for children with developmental disabilities in a stable and supportive environment.

Therapeutic Preschool

A highly structured environment utilizing trauma-informed, developmentally sensitive interventions for children ages three to five experiencing emotional and behavioral difficulties.

For more information visit familyforwardmo.org/how-we-help/developmental-trauma-center
Our Financials

On April 1, 2017, Children’s Home Society of Missouri and Family Resource Center, two of St. Louis’ most accomplished and leading-edge non-profit organizations, united from positions of strength to better serve the community. With more than 170 years of combined experience helping children and families, FamilyForward will continue as a leader in the use of innovative tools and methods to get better results for the children and families we serve.

FamilyForward’s first audited statements are for the first nine months of operation: April 1 — December 31, 2017. Audited statements will be for each 12-month period ending December 31 hereafter.

FamilyForward’s operating budget for 2018 is $11,474,066.

Michael recently graduated from FamilyForward’s Therapeutic Preschool and we were touched by his parting words, “Will you miss me?” Through our Developmental Trauma Center, we have been able to assess the impact of Michael’s traumatic childhood on his behavior and needs, and provide individualized treatment recommendations for his foster parents and his new school as he moves forward.

As he shouldered his backpack one last time, Michael gave us a smile and a high-five. Yes, we will miss him!

Thank you for supporting FamilyForward in its efforts to move Michael— and thousands of other vulnerable children and families—in the direction of hope.

At the Drive the Change Golf Tournament on April 30, 2018, we raised more than $127,800 to support FamilyForward’s comprehensive therapeutic and educational services for biological, foster, and adoptive families.

At The Rocket Ball on February 24, 2018, 500 guests heard Kiki’s story of developmental trauma that helped raise awareness and funds to continue our efforts to lead the community in providing innovative solutions for advancing safer, healthier relationships for children and families.

For information on ways you can support FamilyForward, visit familyforwardmo.org/get-involved or contact Jessica Dederer at jessica.dederer@familyforwardmo.org.

Visit our updated website to see events, download the latest news, learn more about the services we offer, and find out how you can get involved: familyforwardmo.org
We are better together, thanks to the support of our donors and Guardian Society members.
Thank You!