



Community Services



safer, healthier relationships
for children and families

Strength-based services focus on overall wellbeing and are provided in-home or in easily accessible community settings at convenient times.

NURTURING FAMILIES

FamilyForward is a Healthy Families America® (HFA) affiliate. HFA equips parents with the tools and resources needed to create strong, lifelong relationships with their children. HFA promotes positive parenting skills and attachment, optimal prenatal care, child health and development, and enhanced family self-sufficiency.

Home Visiting

- In-home parenting education provided by the Nurturing Family Network links families with community resources to ensure a stable and nurturing environment for children from birth to five years.
- The Nurturing Family Network is comprised of Lutheran Family and Children's Services of Missouri, Good Shepherd Children & Family Services, and FamilyForward.

Mentoring

- Mentoring, education, and support is offered to young parents through the Missouri Mentoring Partnership. The program provides adult volunteer mentors who are trained by staff before they are matched with pregnant or parenting teen mentees.

OUR SERVICES

- Services encourage the health and wellness of young parents and their children and increase the family unit's resilience and social connections. Eligible young parents are under the age of 26, live in St. Louis City or County, and have no more than two children (one must be under the age of one).

Coaching

- Mental health services and wraparound support address family stressors such as safety, shelter, unemployment, and parenting. By focusing resources in North County, FamilyForward is able to strengthen a family's existing network and engage helpful neighborhood resources.
- Families with children age five and older work with staff and community partners to develop and sustain safer, healthier relationships. Goals include helping families cope with crisis, learn new skills that increase stability, and gain knowledge about children's social and emotional development.

Therapy

- Individual, family, and group counseling is provided with special attention given to strengthening parent-child relationships.
- FamilyForward clinicians complete training in an extensive range of trauma-informed practices. Children and their families are evaluated and matched with the appropriate therapeutic intervention to meet their needs.

GETTING STARTED

Call **314.534.9350** and ask for Intake or email intake.dept@familyforwardmo.org to learn more about FamilyForward's Community Services.



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OUR MISSION: FamilyForward moves vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

