



# Redevelopment Opportunities for Women (ROW)



safer, healthier relationships  
for children and families

ROW provides financial sustainability services, advocacy, therapy, and wraparound support for women, many of whom have been impacted by domestic violence and economic hardship. ROW focuses on the economic and social context in which women find themselves and builds upon their current strengths as women and as parents.

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## THE DIRECTION FOR HOPE

ROW empowers women and their families to build safety, skills, economic security, and hope for the future. Services are delivered to individuals who identify as women.

### Financial Sustainability and Economic Empowerment

- ROW's Economic Action Program (REAP) helps women increase financial stability and realize sustainability.
- Economic empowerment groups focus on budgeting, credit, banking, and investing. Registration is required. Visit [familyforwardmo.org/calendar](https://familyforwardmo.org/calendar) to view the calendar and browse scheduled groups.
- Financial coaching and economic advocacy to build and repair credit and achieve family stabilization. Individual Development Accounts (IDAs), or matched savings accounts for asset purchases, are available and tailored specifically to meet the safety concerns of each participant.

## OUR SERVICES

### Domestic Violence Advocacy

- Domestic violence advocacy, including culturally specific advocacy, and crisis intervention services help women navigate the next steps on their journey and plan for safety.
- Services are offered in English, Spanish, Bosnian, and Vietnamese and focus on each participant's goals related to personal growth, family stabilization, and financial sustainability.

### Therapy

- Therapy and wraparound support to rebuild lives and move forward.
- Services are provided based on the needs of each participant.

## GETTING STARTED

Call **314.588.8300** to learn more about ROW's services or register for groups. Childcare provided at ROW's downtown St. Louis site to remove barriers for accessing services.



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314.588.8300

[familyforwardmo.org](http://familyforwardmo.org)



**OUR MISSION:** FamilyForward moves vulnerable children in the direction of hope by delivering comprehensive therapeutic and educational services to support biological, foster, and adoptive families.

